



AUGUST 25 – 28, 2011 • HOG'S BACK PARK
613.230.8234 • OTTAWAFOLK.COM

KIDZONE SCHEDULE

SATURDAY AUGUST 27

KIDZONE TENT

12:00		Yoga for Big and Small — Sheila Craig of Windhorse Yoga returns this year with her ever-popular yoga for big and small (i.e., ALL AGES). Come whether you are experienced or brand new to yoga!
1:00	Yoga for Big and Small 1:00 – 2:00	
2:00	Bang! w/ Street Drum Corps 2:00 – 3:00 (Slackwater Stage)	Bang! w/ Street Drum Corps (*Taking place on Slackwater Stage*) — This brotherhood of unsung and talented performers creates a show that is well-choreographed and exciting to watch. Fun for all ages!
3:00	TreeFrog percussion 3:00 – 4:00 (extends until 5:00)	TreeFrog percussion instrument making workshop and JAM — Leo Brooks, percussionist extraordinaire, has prepared an exciting workshop where you will make your own instrument and then participate in a cool rhythm jam.
4:00	Wabi-Sabi Textile 4:00 – 5:00	Wabi-Sabi Textile — Textile artist Carol Secord of Wabi-Sabi will lead us in a textile art piece to take home!
5:00	TJ Wheeler 5:15 – 6:00	TJ Wheeler — TJ Wheeler is an original but his music is steeped in musical styles that go back hundreds of years. TJ transports audiences of all ages to times and places where their imaginations can vividly and vicariously experience the rich history and soul connections of Blues & Jazz power.
6:00		

QUIET TIME TENT

ALL DAY	Face-painting & mask making	
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SUNDAY AUGUST 28

KIDZONE TENT

12:00		Peter Himmelman — Singer, songwriter and all-around performer, children's entertainer, TV and film composer and pioneering webcast star, will delight and amuse with songs from his new album "My Trampoline," and more.
1:00	Peter Himmelman 1:00 – 2:00	
2:00	Fireweavers poi workshop 2:00 – 3:00	Fireweavers poi workshop — Join us for making your own poi using recycled material and learn some poi moves from professional poi artist Sophie of the Fire Weavers. Sophie teaches circus programs for kids and teens year round and will perform later in the evening with her fire poi!
3:00	Parade rehearsal 3:00 – 4:00	Parade rehearsal — Musician and gifted educator Brian Sanderson will lead this loud and colourful extravaganza. Bring your costumes and instruments (some instruments will be available to loan) and Brian will rehearse a couple of fun musical pieces for the impromptu band that will lead the Parade.
4:00	Parade 4:00 – 5:00	
5:00	Country Games 5:15 – 6:00	Country Games — Win cool prizes in the Rock vs. Folk tug-of-war, egg and spoon race, green bin sack races, and more!
6:00		

QUIET TIME TENT

ALL DAY	Face-painting & mask making	
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ENVIRO TENT SCHEDULE

SATURDAY AUGUST 27

ENVIRO TENT

1:00	Go Solar and Make Money Seanna and Steve Watson 1:00 – 1:30	Go Solar and Make Money — Seanna and Steve Watson describe how they were one of the first homeowners to install solar panels and put green energy on the grid. Come learn from their experience!
2:00	Birth Options Gillian Szollos (Ottawa Labour Support) 2:00 – 2:30	Birth Options — Pregnant? Plan to be? Come talk to an experienced birth professional about your options in the City of Ottawa.
3:00	Wild Edibles Peggi Calder 3:00 – 3:30	Wild Edibles — Come to Peggi's workshop to learn about different edible plants that you can find in the local area. Peggi will have fresh and dried samples as well as cookbooks and recipes she will handout.
4:00	Exploring Hog's Back Park Macoun Field Club 4:00 – 4:30	Exploring Hog's Back Park — Come learn about the plants, animals and other aspects of natural history in Hog's Back Park through a nature walk and talk. Children are welcome --- the Macoun Field Club is a group working with youth ages 8-18, providing a fun way to experience natural sciences!
5:00	Growing Gardeners: Gardening with Children Geri Blinick (Ottawa Children's Garden in Robert Legget Park) 5:00 – 5:30	Growing Gardeners: Gardening with Children — Come learn strategies in teaching children to respect different elements of nature and what it takes to create a garden with and for children. Children are welcome for hands-on activities and stories about growing food and caring for the earth.

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1:00	The Wisdom of Trees Albert Dumont 1:00 – 1:30	The Wisdom of Trees — Trees are wise teachers with a special way of communicating to human beings why spirituality, honour of our ancestors and language and songs are important to us. Come learn from Albert Dumont, First Nations (Algonquin) spiritual advisor.
2:00	Do It Yourself Bike Repair Mark Rehder (Re-cycles Bike Co-op) 2:00 – 2:30	Do It Yourself Bike Repair — Mark will talk about what re-cycles is and how it operates. He will then answer general questions on bike repair. Note that no assessment of individual bikes will be given.
3:00	Climate Change Helene Mayrand (Climate Project Canada) 3:00 – 3:30	The Clean Energy Future: How individuals and communities can play a role — This session will discuss the benefits of efficient renewable energy systems, the opportunities that exist right now in Ontario, and how individuals and communities can play a role. Come learn how you can join the clean energy movement!
4:00	The Clean Energy Future Adam Harris (Ecology Ottawa) 4:00 – 4:30	
5:00	Is being green a moral issue? Kathryn Guindon (Green Sacred Spaces) 5:00 – 5:30	Is being green a moral issue? — As environmental problems grow larger and larger, the world's great religious traditions are starting to weigh in on the subject in a big way. Learn what religious teachings have to say about climate change and the environment, how these topics are moral issues, and explore the connection between nature and spirituality.

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Climate Change — Come learn and discuss the impacts and solutions to climate change, discovering ways to become more actively involved in solving the climate crisis. All Climate Project Canada volunteers have been personally trained by former US Vice President and Nobel Laureate Al Gore to educate the public about the science and impacts of climate change as well as solutions to address the climate crisis.